

# Hello Tiger Families!



## Who is the school counselor?

Hello! My name is Leslie Schnebly and I am the school counselor at West Friendship Elementary School. I am graduate of McDaniel College with a Master of Science Degree in School Counseling. Prior to becoming a school counselor, I taught for 14 years at both the elementary school (mostly 1<sup>st</sup> grade) and middle school levels. I am fortunate to spend my time away from WFES with my two wonderful daughters (ages 5 and 7) and my husband!

School counseling delivers prevention and intervention services that support the academic, social-emotional, and career development of all students. Counseling services are provided in whole class lessons, small groups, or individual counseling sessions. Parents may contact me by phone, email, or written communication. Students are seen individually or in a small group at the request of the student, parent, teacher, or administrator.

Any student may ask to see the counselor by putting a note in my mailbox (located on the door of the counseling office), by notifying their teacher, or by asking directly.

If I can ever be of any assistance to you and your family, please feel free to contact me at [Leslie\\_Schnebly@hcpss.org](mailto:Leslie_Schnebly@hcpss.org) or 410-313-5512.



## Counselor Newsletters:

[September Elementary School Counselor Newsletter](#)

[October ESC The Advocate Newsletter.pdf](#)

Each month our school counselor, Mrs. Schnebly, will be publishing a newsletter called “The Advocate” in our Tiger Tales. “The Advocate” is a monthly newsletter from school-based counselors and the HCPSS School Counseling Department. This newsletter contains helpful information about nationwide efforts, county initiatives, school programs, and home-school connection tips in the areas of academic growth, social-emotional development, and career exploration



## About school counseling...

As your school counselor. I am looking forward to working with your students throughout the school year to help address individual needs and maximize student success! Part of my role as a school counselor, is to address four areas of your child’s education: Academic

Achievement, Personal Development, Social Development, and Career Development. These areas are addressed through the following ways:

- **Individual Counseling**

At one time or another almost all students need some extra attention or support during their years in elementary school. I see students for a variety of reasons including; changes in the home, conflicts with friends, difficulty with school work, self-esteem issues, anxiety, making positive choices, death in the family and sometimes just because they are having a lousy day. These drop-ins or infrequent visits are considered a typical part of the school day, and are available to all students in grades K through 5.

- **Small Group Counseling**

Small group counseling provides support for students in grades K through 5 with similar academic, social, or personal concerns. When students are exhibiting difficulty in a particular area, teachers or parents can refer a child for group counseling. Small groups will take place during lunchtime. Topics may include: friendship, self-esteem, social skills, divorce/separation, anger management, self-esteem, cooperative play, etc. Occasionally we will also have lunch groups just to enjoy talking with each other!

- **Classroom Guidance Lessons**

Classroom guidance lessons are provided for all students in grades K through 5. I will visit all classrooms on a monthly rotation to discuss topics such as conflict resolution, respect for self and others, decision making, friendship, bullying, inclusion, career exploration, and cooperation/teamwork.