Aaron Tark Principal



Ann Steger Assistant Principal

West Friendship E.S. 12500 Frederick Road

West Friendship, MD 21794

P: (410) 313-5512 F: (410) 313-5514 Web Site: http://wfes.hcpss.org/

School Hours: 9:15 a.m. - 3:45 p.m.

December 5, 2014

From the Principal's Desk

Thank you for attending your child's parent conference. I hope you found the experience meaningful and supportive. In the future, I would like for you to consider having your child attend the conference with you. Your child deserves to be praised by his or her teacher in front of you. It's also the perfect time to set some academic or behavioral goals and solidify the home-school connection. The next formal conferences are scheduled for February 12 and 13, but please know that you are weclome to set up a conference with any of our staff members at anytime. Just reach out to them via email or phone to set up an appointment.

With the shift to the Common Core standards, homework will look different than it used to in past years. Please take some time to review the following websites. They will help you support your child's learning at home. A hard copy of these resources was sent home this week via backpack (green half sheet of paper). Elementary English Language Arts Parent Support Link http://elaparentsupport.weebly.com SMART Pages for Elementary Mathematics http://smart.wikispaces.hcpss.org

Thank you PTA for the amazing staff dinner! The food was delicious and was clearly made with love. The staff and I really appreciate the effort. It made the very long work day special. Our PTA continues to organize phylintrophic activities for the community. Our recent coat and food drive was a real success. Thank you for modeling the importance of giving to others. Furthermore, I would like to publicly acknowledge **Penny Jones**, our Principal Secretary, for her leadership and giving heart. She organized the communication, collection and distribution of 38 Thankgiving dinners to families in the Howard County community. Way to go, Ms. Jones!

Thank you to all our visitors for signing in at the main office and wearing your visitor badges. If another person, not associated with you or your party is buzzed in at the front door with you, please remind them to sign in at the main office or immediately report to the main office staff that someone has come in and did not sign in.

Dr. Foose signed a partnership agreement with Code.org to provide HCPSS students an opportunity to learn computer science. During Computer Science Education week, December 8-14, our students will participate in an exciting initiative called Hour of Code in technology class. Students will learn about computer programming (coding) and complete code-related activities. There are prizes for every organizer... "One lucky school in every US state will win \$10,000 worth of technology!" We could be the winning school! If you would like to learn more about the Hour of Code and how you can bring computer science to your classroom click the link below: http://hourofcode.com/us

Follow us on Twitter: @hcpss_WFES

CALENDAR OF EVENTS

Monday, December 8 In-School Choral Concert – 2:30 p.m.

Tuesday, December 9 Evening Choral Concert - 7:00

Friday, December 12 **Interim Reports Issued**

Friday, December 12 Grade 1 Trip to Toby's - 9:20 to 11:50 a.m.

Friday, December 12 Grade 2 Trip to Robinson Nature Center – 9:30 to 1:00 p.m.

Monday, December 22 **Vision & Hearing Screening**

Wed., Dec. 24 - Fri., Jan. 2 Winter Break Monday, January 5 Schools Reopen

PTA Meeting – 6:30 p.m. Tuesday, January 6

Monday, January 12 In-School Band Concert – 2:20 p.m. Monday, January 12 Evening Band Concert - 7:00 p.m.

What's for Lunch?

For the latest menus, and information regarding food services, please go to: http://www.hcpss.org/food-services or download the HCPSS App for free

- ' '	O,		1 1	
Monday, Dec. 8	Tuesday, Dec. 9	Wednesday, Dec. 10	Thursday, Dec. 11	Friday, Dec. 12
Breakfast (\$2.00) Cinnamon Toast Crunch® Breakfast Break Fresh Fruit Milk	Breakfast (\$2.00) Blueberry Yogurt & Cheese Breakfast Break Fresh Fruit Milk	Breakfast (\$2.00) Banana Muffin Breakfast Break Fresh Fruit Milk	Breakfast (\$2.00) Frosted Flakes® Breakfast Break Fresh Fruit Milk	Breakfast (\$2.00) Strawberry Yogurt & Cheese Breakfast Break Fresh Fruit Milk
Lunch Entree Choices (\$2.75) Beef Taco w/ Flour Tortilla Yogurt/Fruit/Cheese Combo Cheese Pizza	Lunch Entree Choices (\$2.75) Chicken Stir Fry w/Rice and Roll Yogurt/Fruit/Cheese Combo Cheese Pizza	Lunch Entree Choices (\$2.75) Chicken Patty, Plain or Spicy on Roll Yogurt/Fruit/Cheese Combo Cheese Pizza	Lunch Entree Choices (\$2.75) BBQ Rib w/Sub Roll Yogurt/Fruit/Cheese Combo Cheese Pizza	Lunch Entree Choices (\$2.75) Popcorn Chicken w/ Waffle Yogurt/Fruit/Cheese Combo Cheese Pizza
Featured Items: Shredded Lettuce, Diced Tomatoes, Mixed Fruit	Featured Items: Tossed Salad, Cucumber Slices & Tomato Wedges, Sliced Peaches	Featured Items: Caesar Salad, Baby Carrots, Applesauce All lunches include Fresh Apples & Oranges	Featured Items: Tossed Salad & Coleslaw, Green Pepper Strips, Diced Pears	Featured Items: Spinach Salad, Fresh Cut Vegetables, Cinnamon Apple Slices
All lunches include Fresh Apples & Oranges	All lunches include Fresh Apples & Oranges	Hot Vegetable: Baked Beans	All lunches include Fresh Apples & Oranges	All lunches include Fresh Apples & Oranges
Hot Vegetable: Corn	Hot Vegetable: Broccoli	Milk (50¢): fat free flavored, fat free	Hot Vegetable: Oven Baked Potatoes	Hot Vegetable: Green Beans
Milk (50¢): fat free flavored, fat free unflavored, or 1% white	Milk (50¢): fat free flavored, fat free unflavored, or 1% white	unflavored, or 1% white	Milk (50¢): fat free flavored, fat free unflavored, or 1% white	Milk (50¢): fat free flavored, fat free unflavored, or 1% white
Monday, Dec. 15	Tuesday, Dec. 16	Wednesday, Dec. 17	Thursday, Dec. 18	Friday, Dec. 19
Monday, Dec. 15 Breakfast (\$2.00) TBD Fresh Fruit Milk	Tuesday, Dec. 16 Breakfast (\$2.00) TBD Fresh Fruit Milk	Wednesday, Dec. 17 Breakfast (\$2.00) Strawberry Yogurt & Cheese Breakfast Break Fresh Fruit Milk	Thursday, Dec. 18 Breakfast (\$2.00) Cinnamon Toast Crunch® Breakfast Break Fresh Fruit Milk	Friday, Dec. 19 Breakfast (\$2.00) Blueberry Yogurt & Cheese Breakfast Break Fresh Fruit Milk
Breakfast (\$2.00) TBD Fresh Fruit	Breakfast (\$2.00) TBD Fresh Fruit	Breakfast (\$2.00) Strawberry Yogurt & Cheese Breakfast Break Fresh Fruit	Breakfast (\$2.00) Cinnamon Toast Crunch® Breakfast Break Fresh Fruit	Breakfast (\$2.00) Blueberry Yogurt & Cheese Breakfast Break Fresh Fruit
Breakfast (\$2.00) TBD Fresh Fruit Milk Lunch Entree Choices (\$2.75) Lasagne & Bread Yogurt/Fruit/Cheese Combo	Breakfast (\$2.00) TBD Fresh Fruit Milk Lunch Entree Choices (\$2.75) Chicken Nuggets w/ Roll Yogurt/Fruit/Cheese Combo	Breakfast (\$2.00) Strawberry Yogurt & Cheese Breakfast Break Fresh Fruit Milk Lunch Entree Choices (\$2.75) Hot Turkey Sandwich Yogurt/Fruit/Cheese Combo	Breakfast (\$2.00) Cinnamon Toast Crunch® Breakfast Break Fresh Fruit Milk Lunch Entree Choices (\$2.75) Toasted Cheese on Bread Yogurt/Fruit/Cheese Combo	Breakfast (\$2.00) Blueberry Yogurt & Cheese Breakfast Break Fresh Fruit Milk Lunch Entree Choices (\$2.75) Beef Taco w/ Flour Tortilla Yogurt/Fruit/Cheese Combo
Breakfast (\$2.00) TBD Fresh Fruit Milk Lunch Entree Choices (\$2.75) Lasagne & Bread Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Tossed Salad, Celery Sticks, Baby Carrots,	Breakfast (\$2.00) TBD Fresh Fruit Milk Lunch Entree Choices (\$2.75) Chicken Nuggets w/ Roll Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Spinach Salad, Baby Carrots, Cinnamon Apple	Breakfast (\$2.00) Strawberry Yogurt & Cheese Breakfast Break Fresh Fruit Milk Lunch Entree Choices (\$2.75) Hot Turkey Sandwich Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Shredded Lettuce, Sliced Tomatoes, Mixed	Breakfast (\$2.00) Cinnamon Toast Crunch® Breakfast Break Fresh Fruit Milk Lunch Entree Choices (\$2.75) Toasted Cheese on Bread Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Romaine Salad, Cucumber Slices with Tomato	Breakfast (\$2.00) Blueberry Yogurt & Cheese Breakfast Break Fresh Fruit Milk Lunch Entree Choices (\$2.75) Beef Taco w/ Flour Tortilla Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Shredded Lettuce, Diced Tomatoes,
Breakfast (\$2.00) TBD Fresh Fruit Milk Lunch Entree Choices (\$2.75) Lasagne & Bread Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Tossed Salad, Celery Sticks, Baby Carrots, Diced Pears	Breakfast (\$2.00) TBD Fresh Fruit Milk Lunch Entree Choices (\$2.75) Chicken Nuggets w/ Roll Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Spinach Salad, Baby Carrots, Cinnamon Apple Slices	Breakfast (\$2.00) Strawberry Yogurt & Cheese Breakfast Break Fresh Fruit Milk Lunch Entree Choices (\$2.75) Hot Turkey Sandwich Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Shredded Lettuce, Sliced Tomatoes, Mixed Fruit	Breakfast (\$2.00) Cinnamon Toast Crunch® Breakfast Break Fresh Fruit Milk Lunch Entree Choices (\$2.75) Toasted Cheese on Bread Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Romaine Salad, Cucumber Slices with Tomato Wedges, Applesauce	Breakfast (\$2.00) Blueberry Yogurt & Cheese Breakfast Break Fresh Fruit Milk Lunch Entree Choices (\$2.75) Beef Taco w/ Flour Tortilla Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Shredded Lettuce, Diced Tomatoes, Sliced Peaches
Breakfast (\$2.00) TBD Fresh Fruit Milk Lunch Entree Choices (\$2.75) Lasagne & Bread Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Tossed Salad, Celery Sticks, Baby Carrots, Diced Pears All lunches include Fresh Apples & Oranges	Breakfast (\$2.00) TBD Fresh Fruit Milk Lunch Entree Choices (\$2.75) Chicken Nuggets w/ Roll Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Spinach Salad, Baby Carrots, Cinnamon Apple Slices All lunches include Fresh Apples & Oranges	Breakfast (\$2.00) Strawberry Yogurt & Cheese Breakfast Break Fresh Fruit Milk Lunch Entree Choices (\$2.75) Hot Turkey Sandwich Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Shredded Lettuce, Sliced Tomatoes, Mixed Fruit All lunches include Fresh Apples & Oranges	Breakfast (\$2.00) Cinnamon Toast Crunch® Breakfast Break Fresh Fruit Milk Lunch Entree Choices (\$2.75) Toasted Cheese on Bread Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Romaine Salad, Cucumber Slices with Tomato Wedges, Applesauce All lunches include Fresh Apples & Oranges	Breakfast (\$2.00) Blueberry Yogurt & Cheese Breakfast Break Fresh Fruit Milk Lunch Entree Choices (\$2.75) Beef Taco w/ Flour Tortilla Yogurt/Fruit/Cheese Combo Cheese Pizza Featured Items: Shredded Lettuce, Diced Tomatoes, Sliced Peaches All lunches include Fresh Apples & Oranges

School News



PBIS is working successfully in 1st grade! So far the kids earned extra recess and for December will be earning time to make a craft. The first grade teachers write the goal on the board and talk to the students about how to earn it. Then each day that they work positively towards the goal they earn one "letter" of the reward. Once they earn all the letters it spells out, they earn the reward. The students are very motivated by Tuffy Tickets and we have noticed students have begun redirecting other students respectfully. If one student is talking out of turn, another student might put their finger on their lips or say, "Remember we are working for a reward!" This is great as it makes the students more self-directed and accountable for their behaviors.

Message from Mrs. Carlyle, School Counselor

Attention Families: Please feel free to stop in the counseling office to browse through the Lending Library. Thanks to our generous PTA, there are many titles to choose from. A few of my favorites include:

Freeing Your Child From Negative Thinking by Tamar Chansky, Ph.D.

Siblings Without Rivalry by Adele Faber

Ending Homework Hassle by John Rosemond

The Five Love Languages of Children by Gary Chapman, Ph.D.

The Optimistic Child by Marin E. P. Seligman, Ph.D

Raising Confident Girls by Elizabeth Hartley-Brewer

No More Meltdowns by Jed Baker, PH.D

How Children Succeed by Paul Tough

We have many more books and materials on the shelf. Feel free to email me at <u>carita_carlyle@hcpss.org</u> if there is a particular topic that you're interested in reading about – I can send the resource home with your child. Also let me know if there is a helpful parenting book that you've read so I can purchase it for our library.

Message from Mr. Talbert, Physical Education Teacher: Upcoming units/skills in P.E.

Students have begun the challenging and motivating unit of Tumbling and Gymnastics. The gym is filled with a variety of stations. The students will be working on muscular strength, flexibility and body control within this unit. The stations consist of the springboard, vault box, rock wall, climbing/strength work ropes, balance beams, tumbling mats, JAWS (a rope swinging/strength and body control activity) and various stunts. It is an exciting and rigorous unit.

After the Gymnastics unit the students will move onto a team building/ problem solving activity called The Volcano Game. Students will be put into small groups and given a small amount of equipment to use. They are to work together and share the equipment to move across the dangerous ocean (gym floor) to get away from the impending eruption of the volcano and to the safe island on the other side of the gym. This is a great thinking and sharing activity.

After the students return from winter break, they will begin the Rhythms and Dance Unit. All students will be taught this year's school dance. This is a dance that I create and teach all students. Along with the school dance grades will also work on movement, pattern work and keeping to a beat. 4^{th} and 5^{th} grades will learn the National Dance of the Philippines called Tinikling. 3^{rd} graders will work on the entire Virginia Reel dance. 1^{st} and 2^{nd} graders will work on a modified Virginia Reel dance. $K-2^{nd}$ will demonstrate keeping a beat and learning dance patterns using line dancing activities and a parachute. During the last class of this unit students will get to do the dances with the gym turned into a disco with a mirror ball, flashing and black lights to add to the fun environment.

Reminder: Always have your child prepared for PE class, by having your child wear proper clothing and tennis shoes on PE days. It is HCPSS PE policy that a child must wear the proper shoes for PE to participate fully in class.

If you forget your child's PE days or you want to see further units/ activities in PE, just visit my website and click on the appropriate links located on the left hand side of my home page: https://wfespe.wikispaces.hcpss.org/home

PTA NEWS

Holiday Shopping Means More Box Tops For Education!

The next WFES Box Tops Race is officially underway. Please keep our school in mind when holiday shopping and remember, Box Tops aren't just for the grocery store any more! Send in your collection between now and the start of Winter Break to help your student's grade earn bragging rights and return to school in 2015 to a New Year's Prize! **Race ends Tuesday, December 23rd.**

Holiday Sing-A-Long at Encore Assisted Living

Join us on December 13th at 3:00 p.m. to celebrate the season with the residents of Encore Assisted Living at Turf Valley. The WFES PTA Community Outreach Committee sponsors this fun event. Please refer to the attached flier and return the RSVP.

Thank You!

Thank you to all the WFES families and staff members that participated in the Family Fun Restaurant Night at La Trattoria Montese on November 19th. We raised just over \$300 - Way to go! Another *thank you* to La Trattoria Montese for hosting this event and supporting our school.

COMMUNITY NEWS

Girl Scouts Host Mom's Night Out

Need to get some shopping done? Want a peaceful dinner out? December 5, 2014 * 5:00-9:00pm * Manor Woods Elementary School * Ages 3-10

\$20/child or \$45 for 3 or more kids - Includes dinner!

Troop 17, the 10th graders at Marriotts Ridge will be hosting a Mom's Night Out on December 5 at MWES from 5-9pm. You can drop off your children ages 3-10 and go shopping or out to dinner. There will be at least 2 adults and about 8 Senior Girl Scouts, all certified in First Aid & CPR. The girls will provide the kids with dinner. They have many age-appropriate activities planned.

RSVP and questions to Terry Paul: terryb.paul@gmail.com

Nutcracker on Ice at Columbia Ice Rink

Come out to see several WFES students perform! Shows will be December 13^{th} (5:30 and 7:15 pm) and 14^{th} (4:30 and 6:00 pm). A special Girl Scout behind the scenes time with skaters will be held after the 7:15 Saturday show. Scouts earn a badge as well. Come out to see several WFES students perform. You can purchase tickets on line at the figure skating club's web site http://www.columbiafsc.com/ or call the rink at 410-730-0322.

Howard County Public Library - Glenwood Branch

The *following presentations require registration* (which begins one week prior to class). Please register by phone (410-313-5579) or on-line, www.hclibrary.org.

I'M GOING TO BE A BIG BROTHER OR SISTER

Prepare for the arrival of a baby in this class for new siblings. Enjoy stories, activities, and bring a favorite doll or stuffed animal to practice holding your baby. There are also resources for parents.

Families; 30 to 45-minutes.

Tuesday, December 9 at 10:30 a.m.

A NUTCRACKER SWEET

A story, dance and craft to inspire "suite" dreams.

Ages 3-7; 45-minutes.

Thursday, December 11 at 10:30 a.m. **OR** Saturday, December 13 at 11:00 a.m.

SLOPPY SATURDAYS

Seasonally themed crafts.

Ages 5-10; 20-minutes.

Saturday, December 13 at 3:00 p.m.

GINGERBREAD MAN-IA

Run, run as fast as you can to catch these cookie inspired stories, games, and a craft.

Age 3-6; 45-minutes.

Tuesday, December 16 at 10:30 a.m. **OR** Tuesday, December 30 at 10:30 a.m.

BOOK BINGO

Play Bingo featuring book characters, and maybe win a book!

Ages 5 & up; 45 to 60-minutes.

Monday, December 29 at 2:00 p.m. (Howard County schools are closed.)

NOON YEAR'S EVE PENGUIN BALL

Dress up in black and white and join us to ring in the New Year penguin style with stories, music, a craft, a special countdown, and an apple juice toast.

Ages 3-7; 45-minutes.

Wednesday, December 31 at 11:30 a.m. (Howard County schools are closed.)