

Aaron Tark  
Principal

# Tiger Tales

Ann Steger  
Assistant Principal

**West Friendship E.S.**  
12500 Frederick Road  
West Friendship, MD 21794  
P: (410) 313-5512  
F: (410) 313-5514



**Web Site:** <http://wfes.hcpss.org/>

School Hours: 9:15 a.m. - 3:45 p.m.

**September 17, 2015**

## ***From the Principal's Desk***

Thank you to all the families who have completed their on-line emergency cards using HCPSS Connect. Currently we are at 68% completion and we truly need 100% of our families to confirm the information. Your child's safety is our number one priority. Please call the main office if you need any assistance. While on the subject of safety, we practiced our emergency lock down procedure school wide this week. Throughout the year we will continue to practice a variety of emergency procedures to ensure we are all safe. If you are volunteering or visiting on the day of a practice, you are expected to fully participate.

Another upgrade to our building security will be access to classrooms after school hours. All classrooms are secured when students leave for the day. This is to ensure that our equipment and resources are protected and any student information is kept confidential. Often parents and students return to school to retrieve a variety of materials. This will no longer be permitted. Responsibility is one of our PBIS 3 R's. This is something that we teach regularly throughout the day. I recommend that your child identify a classmate they could call if they forget a homework assignment. If it is an essential item that must be retrieved from the classroom like eyeglasses, you will need to report to the main office for assistance. I appreciate your understanding in this manner.

Thank you to those who have completed the on-line parent volunteer training. I look forward to seeing you in the building! Our room parent training has been scheduled for September 28 at 8:30 a.m. Room parents have been informed of this date. If for some reason I missed you, please let me know.

It's not too late to join our [WFES Buddy Walk Team](#) on October 4<sup>th</sup> or make a donation to support our students and families with Down syndrome. Click here to join or donate:

<http://cdspg.donordrive.com/index.cfm?fuseaction=donorDrive.team&teamID=5084>

***SAVE the DATE: Internet Safety Night*** – Please come and join me on October 22<sup>nd</sup> at 6:30 p.m. to learn how you can protect you and your family when on-line!

**Math at Home!** Our school receives weekly professional support from our Math Coach, Mrs. Michele Glenn. Please read the *School News* section for great ideas to work with your children at home!

## CALENDAR OF EVENTS

Wednesday, September 23	Schools & Offices Closed – Yom Kippur
Friday, September 25	PTA Family Fun Movie Night in the Cafeteria – 6:30 to 8:30 p.m.
Monday, September 28	Fire Safety House Visits Grade 2 Students
Wednesday, September 30	School Spirit “Crazy Sock” Day
Friday, October 2	Schools Closed – Professional Learning Day
Tuesday, October 6	PTA Meeting in Media Center – 6:30 p.m.
Wednesday, October 7	Interim Progress Reports Issued
Thursday, October 15	Gr. 5 Field Trip to Howard County Conservancy – 9:30 to 1:00
Friday, October 16	Schools Closed for Students – Professional Work Day
Wednesday, October 21	Individual Fall Portraits
Thursday, October 22	Internet Safety Night in Media Center – 6:30 p.m.
Friday, October 23	School Spirit “Wear Pink” Day

## What’s for Lunch?

For the latest menus, and information regarding food services, please go to: <http://www.hcpss.org/food-services> or download the HCPSS App for free.

Monday, Sept. 21	Tuesday, Sept. 22	Wednesday, Sept. 23	Thursday, Sept. 24	Friday, Sept. 25
<b>Breakfast</b> Cinnamon Toast Crunch® Breakfast Break with Juice  <b>Lunch</b> Popcorn Chicken and Roll  <b>Fruit/Veggie:</b> Spinach Salad, Broccoli Florets, Red and White Bean Mix, Applesauce  <b>Hot Vegetable:</b> Peas	<b>Breakfast</b> * New * Triple Berry French Toast Square  <b>Lunch</b> ▼ * New * Macaroni and Cheese with Roll  <b>Fruit/Veggie:</b> Shredded Lettuce, Diced Tomatoes, Mixed Fruit  <b>Hot Vegetable:</b> Carrot Coins	<b>Schools and Offices Closed</b>	<b>Breakfast</b> * New * Mini Pancake with Maple Burst  <b>Lunch</b> Spaghetti and Meatsauce with Bread  <b>Fruit/Veggie:</b> Tossed Salad, Tomato Wedges, Sliced Peaches  <b>Hot Vegetable:</b> Green Beans	<b>Breakfast</b> Cinnamon Toast Crunch® Breakfast Break with Juice  <b>Lunch</b> * New * Fish Shapes with Rice  <b>Fruit/Veggie:</b> Shredded Lettuce, Cucumber Slices with Tomato Wedge, Diced Pears  <b>Hot Vegetable:</b> Corn
Monday, Sept. 28	Tuesday, Sept. 29	Wednesday, Sept. 30		
<b>Breakfast</b> Cinnamon Toast Crunch® Breakfast Break with Juice  <b>Lunch</b> Beef Taco with Flour Tortilla and Rice  <b>Fruit/Veggie:</b> Shredded Lettuce, Diced Tomatoes, Mixed Fruit  <b>Hot Vegetable:</b> Corn and Refried Beans	<b>Breakfast</b> * New * Mini Pancake with Maple Burst  <b>Lunch</b> * New * Orange Glazed Chicken with Rice and Roll  <b>Fruit/Veggie:</b> Tossed Salad with Tomato Wedge, Cucumber Slices, Sliced Peaches  <b>Hot Vegetable:</b> Broccoli	<b>Breakfast</b> Frosted Flakes® Breakfast Break with Juice  <b>Lunch</b> Chicken Patty, Plain or Spicy on Roll  <b>Fruit/Veggie:</b> Caesar Salad, Baby Carrots, Applesauce  <b>Hot Vegetable:</b> Baked Beans		

## School News



### Math at Home!

My name is Michele Glenn and I am the Mathematics Coach assigned to your school. When I am here on Tuesdays, I have the opportunity to work with the wonderful teachers at WFES and help them to plan and implement rigorous mathematics instruction for your students. This year I will include a section in the bi-weekly Tiger Tales entitled “Math at Home.” The ideas and strategies offered in “Math At Home” will provide you with an opportunity to engage in mathematical conversations with your child in order to help them solve a variety of problems, or perhaps play a game.

We welcome you to share your work with us! Please send any “Math at Home” activities to school. They can be sent to my attention (Mrs. Glenn). *We would love to feature your child’s work on the morning news at WFES.* Thanks in advance for your support! I’m looking forward to a fabulous year at WFES!

## This week's Math at Home:

What is your favorite board game? This week's problems are based on popular board games that you may have played or have at least heard of.

**K-Grade 2:** Asia and Adeline are playing Hi Ho Cherry-O™. Asia has 5 cherries in her bucket and needs a total of 10 cherries to win. On any spin, she could collect 1, 2, 3, or 4 cherries, or she could lose 1, 2, or all of the cherries. List 5 ways in which Asia can win the game in just three turns. Find 5 ways she can win the game in 4 turns. Use pictures, numbers or words to show your work.

\*Parents- use items such as cereal pieces or beans to help your child act out the problem.

**Grade 3-4:** Olivia and her family began playing Scrabble® at 4:30 p.m. They took a break to eat a snack at 5:15 p.m. and resumed playing at 5:30 p.m. They finished their game at 6:05. How long did Nora and her family play Scrabble (not including the break)? Express your answer in hours and minutes. Explain your strategy. How many seconds did Nora and her family play Scrabble? Explain your strategy.

**Grade 5:** Each Monopoly® player starts with \$1,500. The game includes bills in the following denominations: \$1, \$5, \$10, \$20, \$50, \$100, and \$500. Assuming that you have an unlimited amount of each denomination, show the different ways you could make \$1,500 using exactly 10 bills. Compare your answers to a family member's. Discuss similarities and differences.

### West Friendship

#### Tuffy Ticket

🐾 Respectful

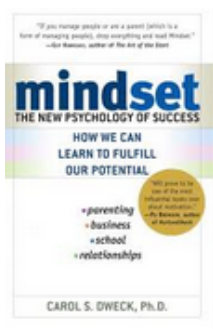
🐾 Responsible

🐾 Ready to Learn



**PBIS News:** Here are some reasons why we give out Tuffy Tickets:

- Provides students with positive feedback 4:1 Ratio
- Students respond to positive reinforcement best
- Helps reinforce positive behaviors and expectations
- Provides incentive
- Increases motivation, buy-in, and effort
- Produces a challenge with a pay-off
- Creates incentive
- Improves behavior and academics
- Increases on task and attending behaviors
- Produces immediate and quick results
- Provides a visual concrete reason for students to work toward behavioral and academic goals



Want to read a great book, help your kids, get to know other parents, and have some fun in the process?

Join us on the following **Tuesdays: September 29<sup>th</sup>, October, 20<sup>th</sup>, and November 10<sup>th</sup> from 9:30 - 11:00 am in the WFES Counselor's Office**

to discuss

**Mindset, The New Psychology of Success by Carol S. Dweck, Ph.D.**

The author shares the importance of and strategies to adopt a growth mindset.

If you're interested in participating in the book club, please complete the tear off and return to the counseling office by Friday, Sept. 18<sup>th</sup>. No worries if you don't have time to read, join us anyway and we will share Dweck's messages and strategies. Contact Carita Carlyle, School Counselor, at [carita\\_carlyle@hcpss.org](mailto:carita_carlyle@hcpss.org) or 410-313-5512 with questions.

### ***Mrs. Carlyle has an intern!***

“My name is Karissa Jermolovich and I am a graduate student at Loyola University Baltimore. My undergraduate BA degree in Forensic Psychology is from John Jay College of Criminal Justice, a CUNY school in Manhattan. I will be working with, the school counselor, Carita Carlyle on Thursdays and Fridays this semester. I look forward to my time at West Friendship Elementary and appreciate the opportunity to get to know and support the students.”

### **Emergency Contact Information**

If you have not already done so, **please take time to complete your child’s emergency contact information via Family File.** Visit <http://www.hcpss.org/connect/> to login and for other helpful user information. You may contact the school office for additional assistance.

### **Parent Academy**

Interested parents and community members are invited to attend the Howard County Gifted and Talented (G/T) Education Program Parent Academy; being held on Thursday, October 22, 2015, from 7:00 p.m. – 8:30 p.m. This parent academy will provide information about the county G/T program, and provide an opportunity to ask questions. For more information, please send an email to [hcpssgtac@gmail.com](mailto:hcpssgtac@gmail.com) or [alyson\\_tommins@hcpss.org](mailto:alyson_tommins@hcpss.org)

### **Harris Teeter Shoppers**

Please link your VIC card to West Friendship Elementary and then shop Express Lane between Wednesday, September 9 and Tuesday, November 3. Spend \$100 shopping with the Harris Teeter Express Lane in a single visit each week for five out of the eight week time period and our school will earn \$50.

If you are linked to more than one school, the \$50 will be split among the schools to which you are linked. One VIC card can be linked up to 5 schools. Please don't miss this opportunity to win gift cards for our school!

WFES can win \$200 if one of our school supporters is selected a Re-Link Sweepstakes Winner! The Re-link Sweepstakes will be looking for customers who link between August 1 and September 29 and rewarding that customer and their linked school with \$200 each! For more information, please visit the Harris Teeter website [http://www.harristeeter.com/community/together\\_in\\_education/tie\\_details.aspx](http://www.harristeeter.com/community/together_in_education/tie_details.aspx)

## ***PTA NEWS***

### **Family Fun Movie Night – “Dolphin Tale”**

WFES Family Fun Movie Night is coming up on Friday, September 25th from 6:30-8:30 pm. Please see the attached flier!

We are in need of volunteers to help us make this a great night for our school community. Please visit [www.wfespta.com](http://www.wfespta.com) to sign-up today!

*Please contact Jessica Schwendeman at [jlschwendeman@gmail.com](mailto:jlschwendeman@gmail.com) or Alicyn Hodges at [asampsonhodges@gmail.com](mailto:asampsonhodges@gmail.com) if you have any questions or need more information about how you can help.*

### **Walking Wednesday**

This walking program was scheduled to begin yesterday, but due to lack of enough volunteers we had to reschedule. Our kick-off walk will be on Wednesday, September 30<sup>th</sup>. Please consider volunteering for Walking Wednesday. You may sign up for your volunteer slot at <http://vols.pt/KG7Mx3>. Thank you!

## **West Friendship Elementary School PTA Membership**

By becoming a member of the WFES PTA, you will be helping your child and the entire school community. The WFES PTA sponsors many wonderful programs and activities, such as the Back to School Dance, Cultural Arts Assemblies, Science Fair, Staff Appreciation, Spring Festival, and much more! In addition, recent policy changes prevent teachers from using their class mailing lists for non-school activities. However, members of the PTA will receive a membership book and classroom mailing list, which is about the only way to obtain these items.

We are moving to an online registration process this year (you can pay by credit card or check):  
<http://www.wfespta.com/join/>

While you're on our website, feel free to follow us via Twitter, Facebook or E-mail to stay informed.

If you would prefer to complete your registration via paper, please leave a message at [\(443\) 396-3707](tel:4433963707). Someone from the membership committee will contact you.

## ***Community News***

### **MRHS Mustang Stampede 5K and 1 Mile Pony Trot**

**Prizes for all age groups and best costume!**

**Where:** Marriotts Ridge High School

**When:** Saturday, October 31<sup>st</sup> at 9:00 AM

**Cost:** \$25 for 5K and \$15 for 1 Mile

All proceeds benefit the MRHS Boosters Club, which supports ALL student extracurricular activities, as well as school-wide initiatives, that enrich the high school experience for the entire student body.

### **Howard County Public Library – Glenwood Branch**

The *following presentations require registration* (which begins one week prior to class). Please register by phone (410-313-5579) or on-line, [www.hclibrary.org](http://www.hclibrary.org).

#### **READING THROUGH THE DECADES BOOK CLUB**

*Celebrate our 75th anniversary with award-winning books and related activities from each decade of HCLS' history. Decade inspired attire optional.*

Ages 6-8 (adults welcome); 45 - 60 minutes.

Thursdays at 4:30 p.m.

Oct. 1 -- 1960s & 1970s

Oct. 22 1980s & 1990s

Nov. 12 -- 2000s & 2010s

#### **SLOPPY SATURDAYS (Register for each session separately)**

*Seasonally themed crafts.*

Ages 5 -10; 20 minutes

Saturdays, Oct. 17, Nov. 21; 3:00 p.m.

#### **BARNYARD BASH (FARM-CITY)**

*Stories and activities about farms and farming.*

Ages 3 -5; 30 minutes

Tuesdays, Sept. 22 - 29, 10:00 a.m.

#### **MOON GAZING**

*Prepare for the upcoming total lunar eclipse and observe our nearest neighbor, the moon, with Dr. Goodman of Howard Astronomical League -- begins indoors, followed by outside observation (weather permitting.)*

Families; 90 minutes

Monday, Sept. 21, 7:00 p.m.

**ART LAB**

*Explore a variety of art media and techniques.*

Ages 3 -5; 30 minutes

Mondays, Sept. 28 - Oct. 5, 11:00 a.m.

**BUTTER FINGERS (FARM-CITY)**

*Make fresh butter -- then sample it with a cracker.*

Ages 2 -5 with adult; 20 minutes (ticket required)

Thursday, Sept. 24; 10:30 a.m. & 11:15 a.m.

**FINGERPAINT FRIDAYS (Register for each session separately)**

Ages 2 -5 with adult; 15 minutes

Fridays, Sept. 25, Oct. 9, Nov. 13; 10:15 a.m. & 11:15 a.m.

**MESSENGER: THE EXTREME MACHINE**

*Explore how the MESSENGER spacecraft was designed, and learn everything you always wanted to know about the planet Mercury with NASA scientist, Heather Weir.*

Ages 9 & up; 60 minutes

Monday, Sept. 28, 3:30 p.m.